**Online Webinar Trainings**
(3/25/2020)

Iowa LTAP: *Friday, 3/27 at 12:00 PM* – "Stress Management Basics". Connect at this link http://connect.extension.iastate.edu/stress and sign in as a "Guest" with your name and the number of people with you. Test your computer here and work with your IT people if needed: https://connect.extension.iastate.edu/common/help/en/support/meeting_test.htm. Use your computer audio for sound, mute your microphone, and we'll use the chat pod for questions.

Iowa LTAP:  *Friday, 4/3 at 12:00 PM* – "Excavation Safety Overview".  Approach will be similar to the above, but connect with this link:  https://connect.extension.iastate.edu/excavation/. Any changes will be in our LTAP Resource Weekly next week.

Iowa LTAP (*in planning*):  Work Zone Safety and Flagger (posted recording), Ethics, User Expectations of Winter Maintenance, MUTCD Signing Basics series, Curb Ramp Design Series

OH/NY LTAPs: *Tuesday, 3/31 at 1:00 PM Central* – "Ethical Decisions – What Would you Do?"  Register at:   https://register.gotowebinar.com/register/4236733167897922060

*APWA Click Listen and Learn*: http://www.apwa.net/education/cll/ (free online trainings for members)

*TC3, NHI, and ITE:*  Free online training access instructions.  See https://iowaltap.iastate.edu/web-based-training-opportunities/

**Some COVID Resources**

Federal Emergency Management Agency (FEMA) fact sheet containing COVID 19 Pandemic Public Assistance simplified application information. https://www.fema.gov/news-release/2020/03/23/coronavirus-covid-19-pandemic-public-assistance-simplified-application

Good article on Coronavirus and Prevention (Seattle Times):  https://www.seattletimes.com/seattle-news/health/facts-about-novel-coronavirus-and-how-to-prevent-covid-19/

COVID 19 Information in Iowa:  https://coronavirus.iowa.gov/ with links to Centers for Disease Control and Prevention and Iowa Department of Public Health

CDC COVID 19 Symptoms:  https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

CDC Resources for Business and Employers:  https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html

CDC Managing Stress and Anxiety:  https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html