

ADDITIONAL RESOURCES FOR DRIVER EDUCATION INSTRUCTORS TO ADDRESS IMPAIRED DRIVING

Additional Information Sources

Buzzed Driving is Drunk Driving. U.S. Department of Transportation National Highway Traffic Safety Administration. <https://www.nhtsa.gov/campaign/buzzed-driving>

Campaign by the National Highway Traffic Safety Administration to promote sober driving with the focal message that if you have to do something to make yourself okay to drive, you're not okay to drive.

Be the Make a Plan Driver. Maryland Department of Transportation. https://zerodeathsmd.gov/wp-content/uploads/2024/06/MDOT_BetheDriver_Postcard_Impaired.pdf

This brochure includes some practical tips to help drivers avoid driving impaired as well as tips to stay safe as a passenger. It also includes some information on Maryland's impaired driving laws.

Cannabis and Driving Don't Mix. Maryland Cannabis Administration. <https://cannabis.maryland.gov/Documents/2024%20BeCannabisSmart/Cannabis%20and%20Driving-r4.pdf>

One-page document about how driving under the influence of cannabis can affect you. The document also includes some information about the misconceptions and effects of cannabis on coordination and how long the effects last.

Videos that Could be Used in Class to Discuss Impaired Driving

Driving Under the Influence: Don't Do It. 21st Theater Sustainment Command.
<https://www.21tsc.army.mil/Resources/Safety-Office/mod/83661/player/0/video/567193/?dma%20guam=%5Bpreviouslink%5D>

This video shows three people getting into a car. The driver is drunk when he gets into his seat. While he is getting ready to drive, he looks around at his friends who have asked him if he is okay to drive and realizes that he is hallucinating. He turns off the engine and tells them he thinks they should get someone else to drive them.

ABCs of Drug-Impaired Driving. National Safety Council.
<https://www.youtube.com/watch?v=FoYsoAhe8Ag>

This video talks about which substances can cause impairment and how they affect the brain to result in impairment during driving.

"How Will It Feel?" Advertisement. Wisconsin Department of Transportation.
https://www.youtube.com/watch?v=qJp6C_jyzi0

This video shows what a person can go through when they are caught driving under the influence.

Drive Sober: "Too Much Trouble" 2015 Spot. ADECAgov.
<https://www.youtube.com/watch?v=qePJ6MgyvYE>

This video shows a man leaving a bar after having some alcohol and contemplating how he can make it home. He considers calling some friends or a cab, but finally settles on driving himself and is caught by a law enforcement agency.

No Big Deal. U.S. Department of Transportation National Highway Traffic Safety Administration.
<https://www.youtube.com/watch?v=4BCdnoM6UMM&list=PL2GIXO1j4M700HfkHTQ6OFzI2OXo7rUUI&index=5>

This is a 30-second video which shows what can happen when you drive under the influence of alcohol.

Press Conference: Impaired Driving. Drive Sober or Get Pulled Over. U.S. Department of Transportation National Highway Traffic Safety Administration.
<https://www.youtube.com/watch?v=IJbLyBQCIHA&list=PL2GIXO1j4M700HfkHTQ6OFzI2OXo7rUUI&index=10>

This is a 30 second video showing a driver who was involved in an accident and charged with DUI at a press conference trying to give reasons to his family, friends, and the victim explaining why he drove under the influence of alcohol. He ends by saying he "didn't think it was going to affect so many people."