13TH INTERNATIONAL CONFERENCE ON CONCRETE PAVEMENTS (ICCP)

ENGINEERING THE PAVEMENT FOUNDATION LAYERS WORKSHOP

August 27, 2024

Authors

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WORKSHOP SUMMARY

The National Concrete Pavement Technology Center (CP Tech Center), with support from the Federal Highway Administration (FHWA), sponsored a workshop at the 13th International Conference on Concrete Pavements (ICCP), held in Minneapolis, Minnesota from August 25 – 29, 2024. The Pavement Foundation Workshop was presented on August 27, 2024, from 1 to 5 PM. The workshop showed how to engineer and field-control the construction of pavement foundations using currently available advanced technologies to meet design requirements reliably. Ingios was responsible for planning the workshop, identifying appropriate subject matter experts, and developing technical content.

The workshop focused on the FHWA's 2019-2020 report to Congress on the Accelerated Implementation and Deployment of Pavement Technologies, AID-PT program. The report identifies that "Foundation design is a key aspect of pavement structural design that needs to be considered in design processes."

Current practice for owner agencies typically consists of a detailed pavement structural design without a similar process for the foundation system that the pavement structure is built. In addition, the construction process commonly does not include any meaningful verification that the pavement design assumption for the foundation system is achieved in the field, leading to foundations being a significant cause of early pavement distress.

The intended outcome of the workshop was to help owner agencies understand that pavement foundation layers can be engineered and field-controlled to meet the design intent. The presentations were coordinated to address the following objectives:

- Understand the critical design inputs or lack thereof for pavement performance relative to the foundation,
- Understand that typically, what is built is not accepted on engineering criteria assumed during the design of the pavement,
- Understand there are intelligent technologies available to measure design inputs during construction,
- Mechanistic modeling needs to be confirmed with performance over time,
- A technical pooled fund (TPF) is proposed to assist SHA's with building pilot projects.

Leif Wathne, CP Tech Center moderated the workshop which was organized into five presentations.

1. Why is this important?

Tom Cackler, General Manager for Ingios and former Chief Engineer for the Iowa DOT, discussed why building quality foundations is a strategic decision for being able to manage an agency's pavement network fiscally.

2. The Ideal Pavement

Tom Yu, FHWA, discussed the elements of an ideal pavement that will have a long life and low maintenance requirements.

3. Pavement Foundation Design 101

Prof. Jeff Roesler, University of Illinois Urban-Champaign, overviewed key foundation inputs for a successful pavement design and why they are important. Prof. Roesler also addressed shortcomings in the current design methodologies related to foundations.

4. How to Achieve Engineered Foundations

Dr. David White, Chief Engineer for Ingios, discussed how currently available technologies enable the engineer to design and control the construction process to ensure pavement foundations meet the design requirements.

5. Advancing National Practice.

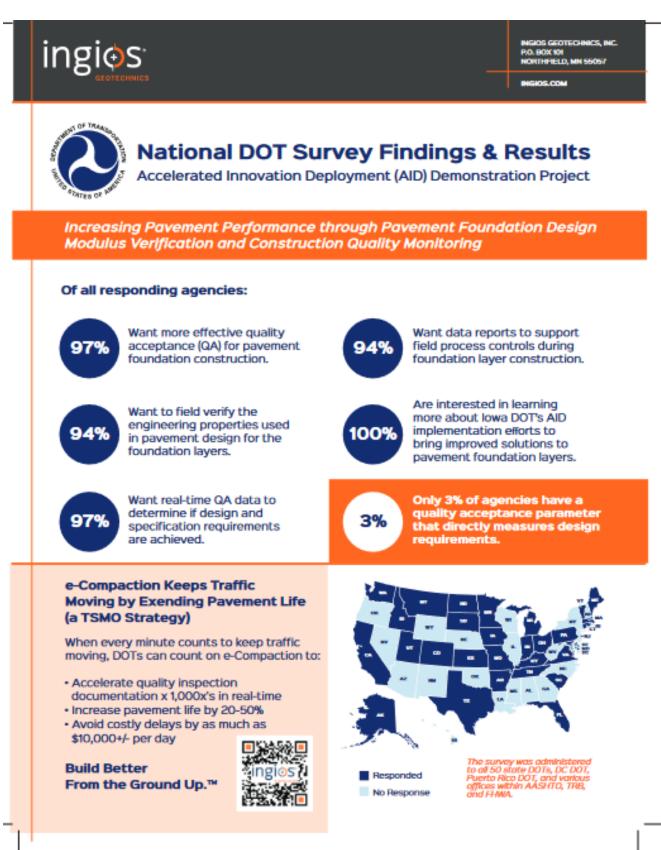
Tom Yu also reviewed the objectives of a proposed TPF project by the Iowa DOT to further advance pavement foundation design and construction practices.

On Thursday, August 29, the ICCP offered an optional MnROAD pavement test track tour. As a follow-up to the workshop, Ingios demonstrated advanced technologies for Automated Plate Load Testing (APLT) and e-Compaction Mapping, allowing workshop attendees to experience the technologies discussed in the workshop firsthand. Approximately 80 meeting attendees, including participants from multiple state/federal agencies and research institutions, participated in the field demonstration.

This summary report's appendices include the workshop handouts, presentation slides, attendee list, and photos from the workshop and MnROAD tour.

APPENDIX A: WORKSHOP HANDOUTS

- AID Survey Pavement Performance
- Iowa DOT innovations Solutions
- Roadmap for Long-life Pavements





INNOVATION SOLUTIONS

Advanced technologies ensure lowa's pavement foundations are built as designed

Beneath every pavement are foundational layers of aggregate, soil, and other materials designed to suit the road's location, traffic demands, and other factors. When roadway foundations are properly constructed, the finished pavement should perform well for decades. Until recently, however, inspection methods and tools have not been able to detect certain problems within the foundation until after the road is complete, making cracks and other premature distresses difficult to prevent. Through a demonstration project, Iowa DOT piloted innovative new technologies at several project sites that make it possible to assess and remediate issues during construction, leading to stronger foundations and better-performing pavements.

THE NEED

Road maintenance and repair activities are not just a financial expense for transportation agencies; they can also be hazardous for crews working near traffic and frustrating for travelers who experience road closures and delays. To help pavements last longer and require less maintenance, Iowa DOT—like other transportation agencies across the United States has reevaluated nearly every aspect of road building, implementing a variety of innovations related to design, construction, and materials. Despite real progress in this area, some pavements continue to deteriorate faster than they should. In 2017 lowa DOT Initiated a research project evaluating the foundational layers of 10 highways in the state and found that most were not constructed exactly as designed. While studies have consistently shown a direct correlation between the compaction uniformity of a road's foundation and its long-term perfor-

(continued)



"We're constantly looking for ways to make pavements perform better and last longer. We've already improved the materials, specifications, and construction practices we use, and evaluating foundations is another way we can extend the life of the state's pavements."

- CHRIS BRAKKE,

Iowa DOT Pavement Design & Pavement Management Engineer

mance, traditional testing equipment and inspection methods have not been capable of detecting under-compacted areas during the construction process.

Now, recent strides in technology are making it possible for inspectors and construction teams to assess the quality and uniformity of pavement foundations on-site and in real time, allowing contractors to fix any problems before the road is complete and assuring transportation agencies that foundations are being built as intended. With a grant from the federal Accelerated Innovation Deployment (AID) Demonstration program, which aims to help states put innovations Into practice, lowa DOT and a team of engineers plioted two new state-of-theart technologies at five road construction projects across the state to gain handson experience and to develop specifications for using these tools in the future.

PROJECT APPROACH

The project team tested two new commercially available technologies: roller mapping, which measures a foundation's uniformity, and Automated Plate Load Testing, a proprietary innovation used to gauge the foundation's ability to support heavy traffic loads. Project participants learned how to use and calibrate the equipment, as well as how data should be interpreted and applied.

In addition, a customized reporting tool was developed for lowa DOT that analyzes the collected data and generates digital compaction reports within minutes to help contractors, engineers, and inspectors make informed decisions in real time.

WHAT IOWA LEARNED

The new mapping and data analysis technologies successfully measured and reported foundation compaction values in real time as expected, revealing areas of nonuniformity at the five test sites that otherwise might have gone undetected. The reporting tool, which continues to evolve to meet lowa DOT's needs, helped participants share compaction results effectively.

The demonstration project also served to provide the project team with a better understanding of the interrelationships between specific procedures and measurement outcomes. This will help in the development of specifications that guide the various processes involved for maximum effectiveness.

PUTTING IT TO WORK

Iowa DOT has developed a detailed implementation plan with a target to incorporate the new technologies into standard practice statewide by 2025. Steps include bringing key stakeholders together for process review and oversight, training agency staff and contractors, and selecting additional plot projects to help regional engineers gain hands-on experience. As these and other new technologies help build roads that last longer and require less maintenance and repair, Iowa DOT—and agencies across the country—stand to realize significant financial, safety, and mobility benefits.

ABOUT THIS PROJECT

PROJECT NAME: Accelerated Innovation Deployment (AID) Demonstration Project: Increasing Pavement Performance Through Pavement Foundation Design Modulus Verification and Construction Quality Monitoring Final Report | Technical Brief

PROJECT NUMBER: ST-008

REPORT DATE: October 2021

PROJECT CHAMPION:

Chris Brakke, P.E. Pavement Design & Pavement Management Engineer Iowa DOT chris.brakke@iowadot.us 515-239-1882

TECHNICAL ADVISORY COMMITTEE:

Ben Behnami, Bora Cetin, Brendan Fitzpatrick, Micah Loesch, Lisa McDaniel, Steve Megivern, Kevin Merryman, Brian Moore, Wes Musgrove, and Melissa Serio.

PROJECT MANAGER:

Vanessa Goetz, P.E. State Research Program Manager Iowa Highway Research Board Iowa DOT

vanessa.goetz@lowadot.us 515-239-1382

PRINCIPAL INVESTIGATOR: David White, Ph.D., P.E.

Inglos Geotechnics, Inc. david.white@inglos.com 515-509-7587

IOWA DOT RESEARCH:

lowadot.gov/research ldeas.lowadot.gov





Roadmap for Long-Life Pavements

Sustainable Pavements are only possible by starting with quality foundations.

Our nation needs pavements that will last longer. The key to improving pavement performance is building quality foundations and ensuring that they meet the design requirements at the time of initial construction. Integrating direct measurement of critical pavement design inputs into the pavement construction workflow reduces the owner's risk and eliminates unnecessary repairs in the future.

5 Steps to Implement Share knowledge and collaborate to improve pavement foundation **Build Better** design-construction-inspection-maintenance practices in your state. Integrate the finalnas in support of our national performance measurement apols. Design Constru Maintain Foundations k. 🕇 ÷ Improved X Practice 4 Define Develop performance-based requirements and specifications that emphasize uniform, stable, and long-lasting pavement foundations. Test з Move the Industry toward real-time direct measurement Build pilot projects using 100% design modulus verification mapping for quality assurance. practices to connect design with construction. Report real-time results to promote on-time construction and improve areas that do not meet the minimum dealon requirements. Measure Directly measure the in-situ modulus and deformation parameters of pavement foundation materials used in your state. Establish a design database and imprave knowledge for selecting achievable design Assess 1 parameter values. Study and describe your pavement design-construction-inspection-maintenance workflow. Start Here Determine (thow your current mechanistic design practices translate to quality requirements of the payement foundation during construction.

Critical Needs

A disconnect exists between the inputs used in modern pavement design and the quality acceptance requirements during construction.¹ It is critically important to link these requirements. **97% of state DOTs** want more effective quality acceptance (QA) technologies for pavement foundations,¹ and there is broad national interest in modernizing pavement foundation specifications and construction practices.¹¹

White, D.J., P. Vernapuse, and B. Cetin. Improving the Foundation Layers for Concrete Pavements: Lessons Learned and a Framework for Mechanistic Assessment of Pavement. Foundations. National Concrete Pavement Technology Center and Center for Earthworks Engineering Research, institute for Transportation, Ames, IA.

*National DOT Survey Findings and Results: Accelerated Innovation Deployment (AID) Demonstration Project: Increasing Pavement Parformance through Pavement Foundation Deployment Modulus Verification and Construction Quality Monitoring Interim Report Fabruary 28, 2021.

* FHWA, Accelerated Implementation and Deployment of Pervement Technologies 2019-2020 Annual Report, Federal Highway Administration, Washington, D.C.

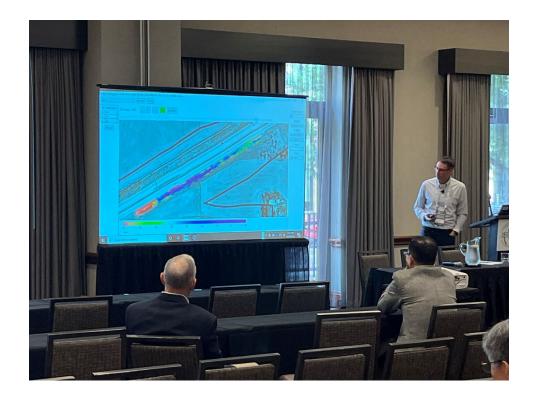
About Inglos

ingios partners with state agencies and academic collaborators to improve engineering and construction solutions by bringing state-of-the-art into practice. Learn more about our capabilities and projects at www.inglos.com

APPENDIX B: WORKSHOP AND DEMONSTRATION PHOTOS











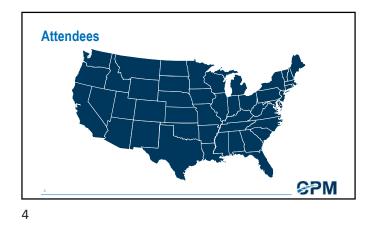
Photos of workshop speakers, audience, and equipment used in demonstration.

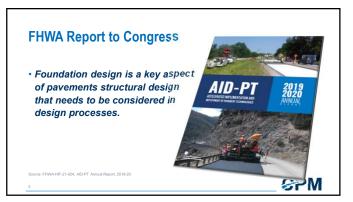
APPENDIX C: PRESENTATION SLIDES





slido What type of organization do you represent? Φ Start presenting to display the poll results on this slide 3





Objectives and Outcomes

Understand that pavement foundations layers can be engineered and field controlled to meet the design intent.

- Understand the critical design inputs or lack thereof for pavement performance relative to the foundation,
- Understand that typically what is built is not accepted on engineering criteria assumed during the design of the pavement,
 Understand there are intelligent technologies available to measure design inputs during construction,
- Mechanistic modeling needs to be confirmed with performance over time,
- ► TPF is proposed to assist SHA's with building a pilot project.

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Agenda

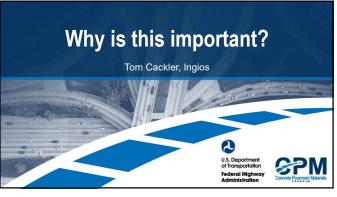
- Why is this important?
- ► The ideal pavement
- Pavement foundation design 101
- ▶ Break

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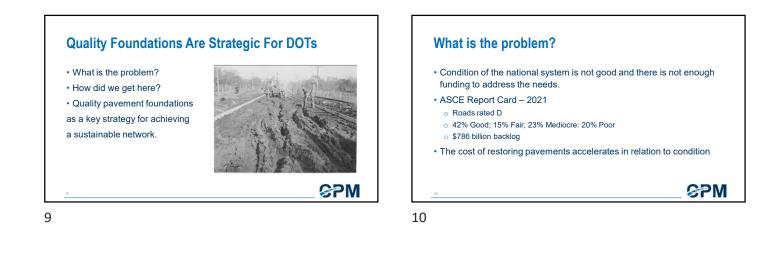
- ▶ How to achieve engineered foundations
- Advancing national practice
- Recap and adjournment

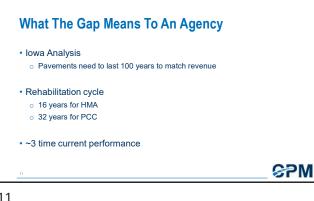


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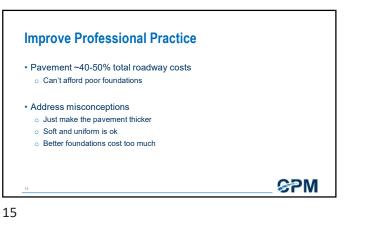
What does this problem look like to agency managers?

- · Disinvestment in lower end of system to allow funding to go higher traffic portions.
- · Less than acceptable pavement condition, ie: rough pavements
- Higher maintenance costs
- More traffic disruptions
- · Public perception/opinion of the agency

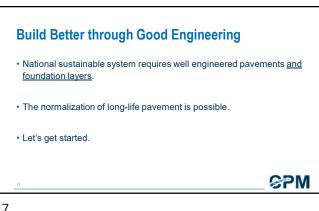
S-PM













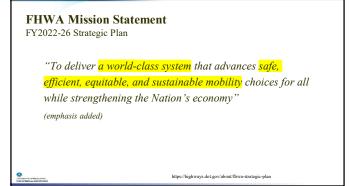




Disclaimer

Except for any statutes or regulations cited, the contents of this presentation do not have the force and effect of law and are not meant to bind the public in any way. This presentation is intended only to provide information to the public regarding existing requirements under the law or agency policies.

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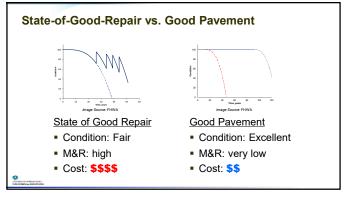
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remain in excellent condition throughout their service lives

Approach

- Demonstrate performance and sustainability advantages of long-life, distress-free pavements
- Provide technical resources needed to improve long-term, pavement
 performance



What is needed

- Design pavements to last as long as the materials
- > Pavements should remain distress-free within the design period
- \succ Utilize design features that ensure good long-term performance
- Build it right
- Apply preventive treatments to preserve the pavement structure

Keys to achieving well-performing pavement

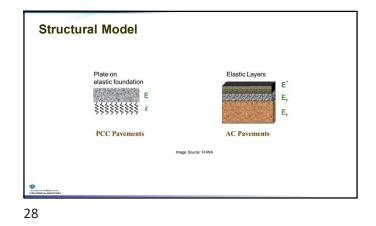
- Effective structural design
- Good foundation
- > Adequate structural section
- > Appropriate design features
- Durable material
- Durable surface
- > No material-related problems
- Quality construction

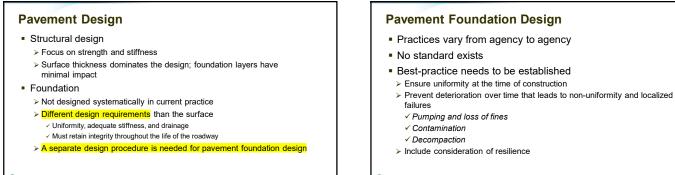
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slido
Does your agency have a pavement foundation design procedure?

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25





CARCELE HIGHWAR A

Ideal Pavement Design Process

- Foundation Design
- > Engineer the layering of materials from natural subgrade up to the surface layer
- Design to remain in good condition (i.e., no degradation) throughout the life of the roadway
 - ✓ Use of chemical or mechanical stabilization as appropriate
 - ✓ Consideration of compatibility of adjacent layers to prevent decompaction
 - ✓ Incorporation of drainage features as appropriate
- Structural Design
- > Based on the layers defined in the foundation design
- > The layers can be abstracted in any manner appropriate for structural analysis

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Pavement Foundation Design Procedure

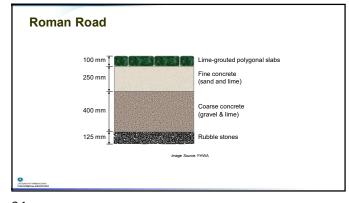
- Can be established based on existing knowledge
- \succ Priority is in formalizing the process
- A comprehensive research program is not needed
 Research needs can be identified for improvement over time
- Refine over time through research

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Summary

- An ideal pavement is a long-life, distress-free pavement
- Pavement should be designed to last as long as the material and remain distress free over the life of the pavement
- > Good foundation design is essential to achieve ideal pavement
- An ideal pavement is one that can be preserved
- Preservation treatments address functional and material issues
 No structural degradation is prerequisite for preservation
- Pavement foundations have different design requirements
- The key requirement is to remain in good condition throughout the life of the roadway
- > A separate design procedure is needed for pavement foundation

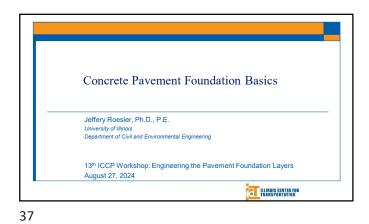
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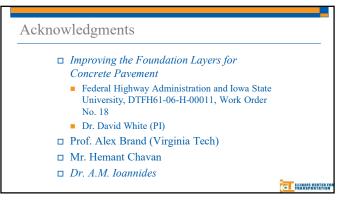


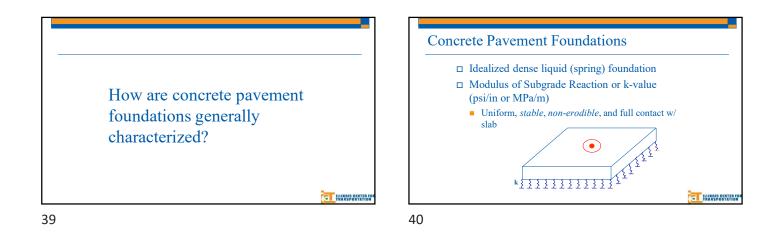
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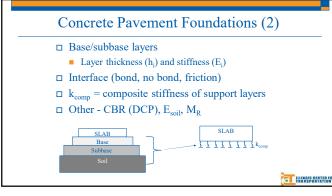


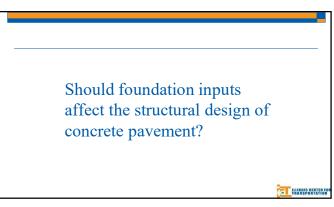


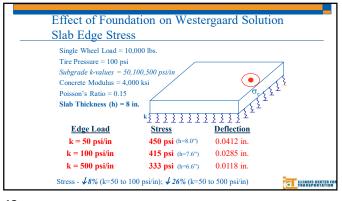


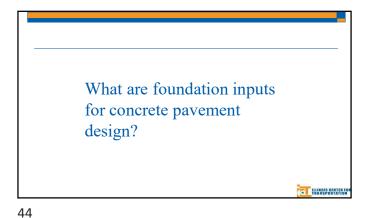


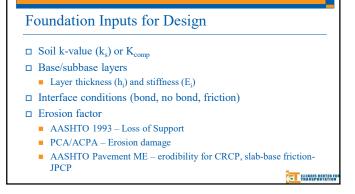




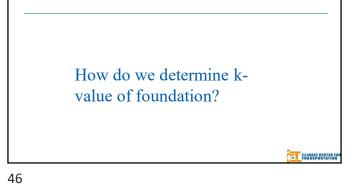


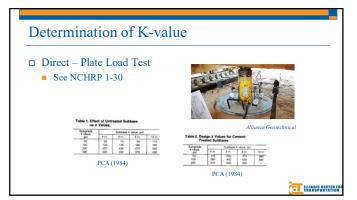


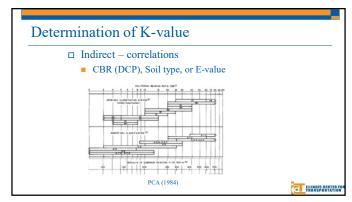


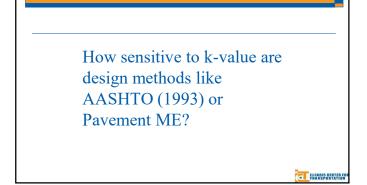


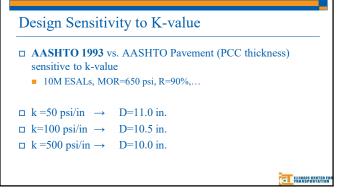


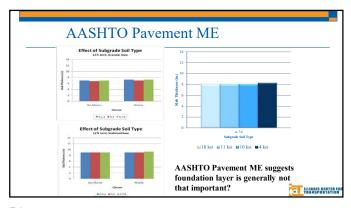


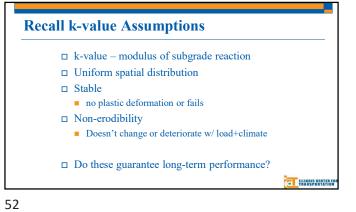




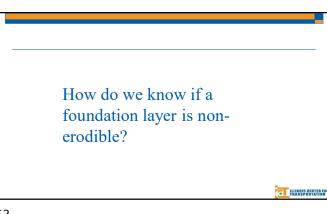






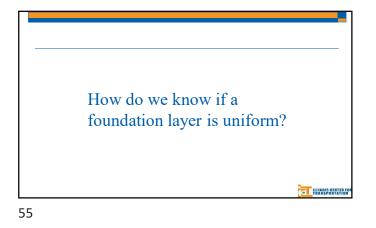


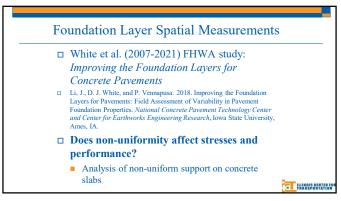


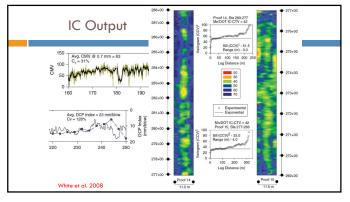




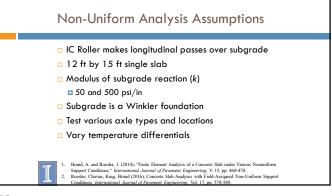


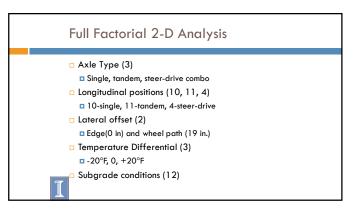


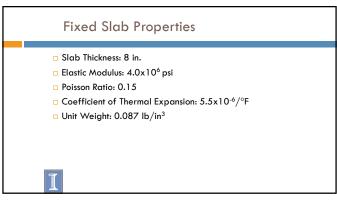




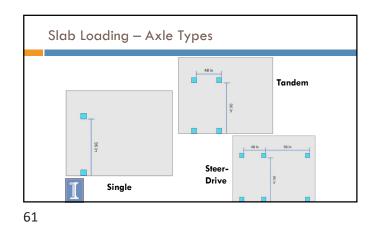


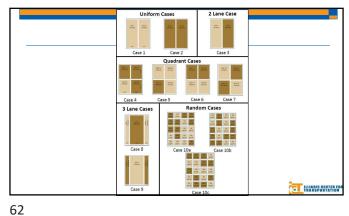






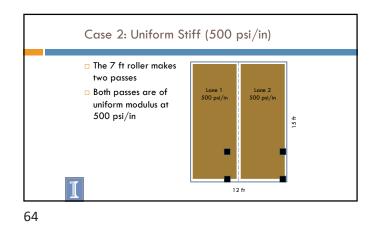


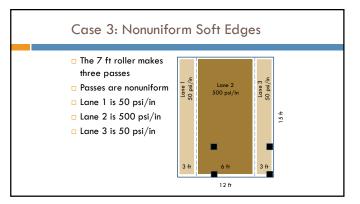


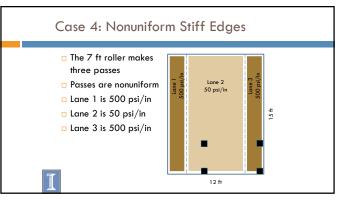


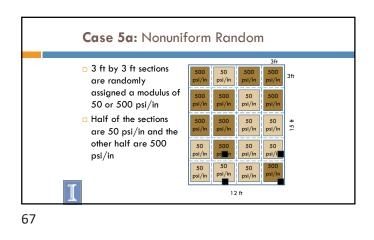
Case 1: Uniform Soft (50 psi/in)

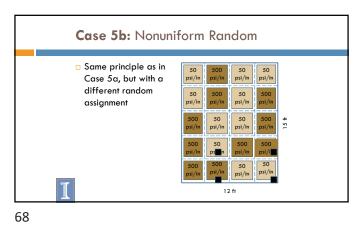
The 7 ft roller makes
two passes
Both passes are of
uniform modulus at
50 psi/in
Uniform modulus at
50 psi/in
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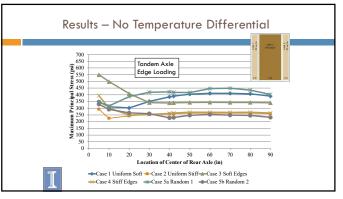


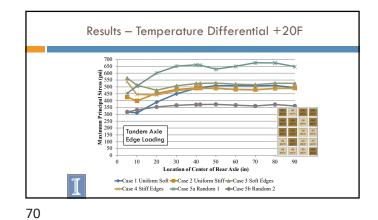


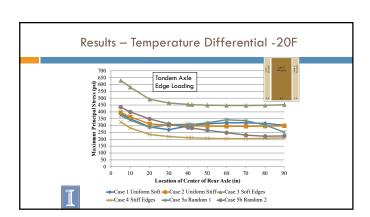




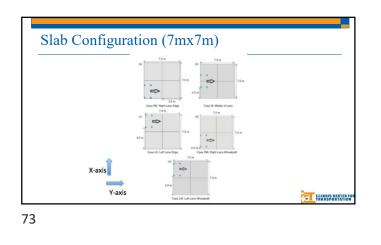


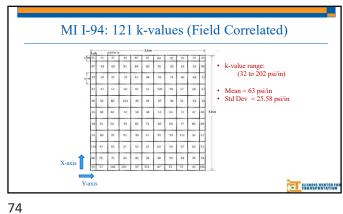




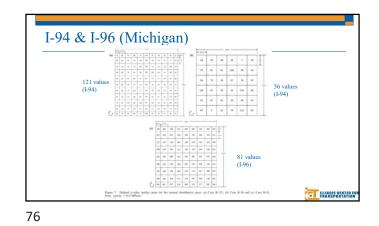


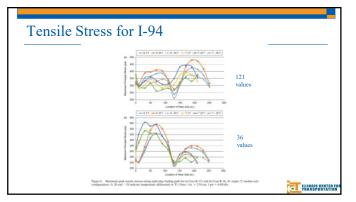


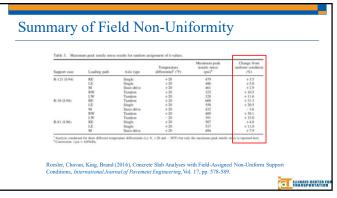




Case 2: 1 k-value (Uniform) 63 X-axis Y-axis







TRANSPORTATION

What does this all mean? Is k-value input important? YES, but.. Is performance of foundation important to concrete? YES Are foundation strengths are important? YES Is knowing non-uniformity? It seems YES Is erosion resistance important? YES

Uniform weak or strong; Strong and variable; or Min k-value with some variability
 Stability (minimum strength)
 Non-erodible test (all foundation layers)
 We do need accelerated pavement testing (APT) of non-uniform support!!!

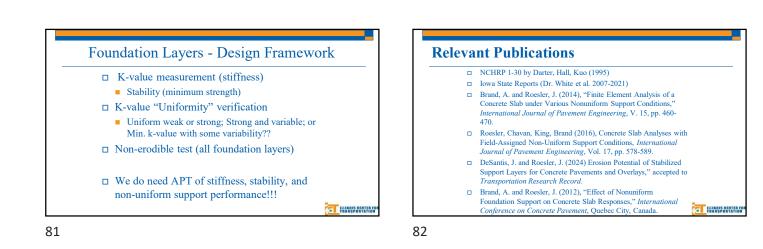
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What does this all mean?

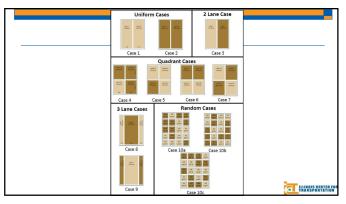
K-value measurement for Design Input

"Uniformity" verification

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TRANSPORTATION



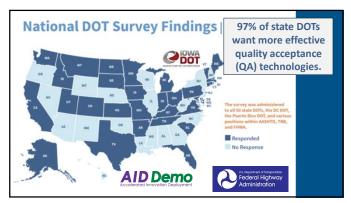


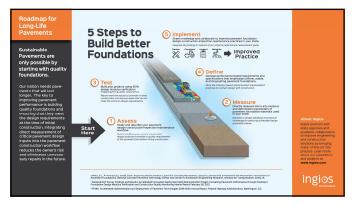


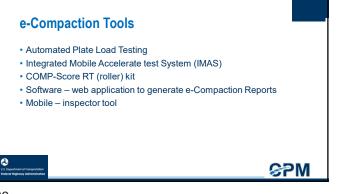








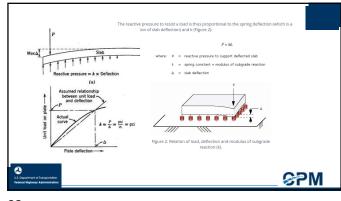


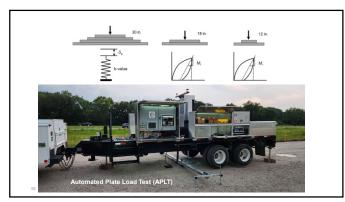






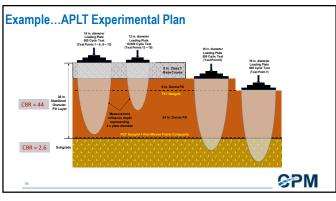


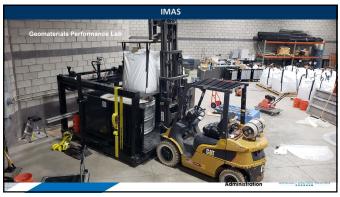










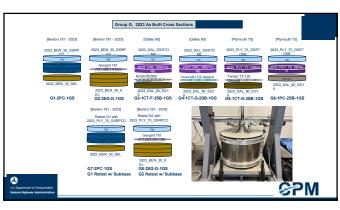


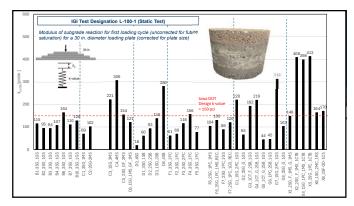


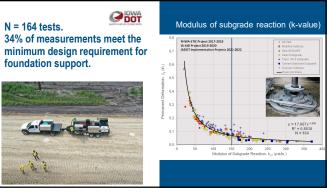










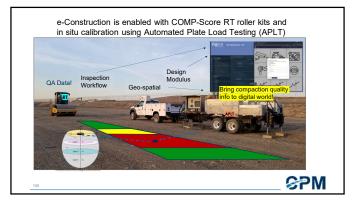


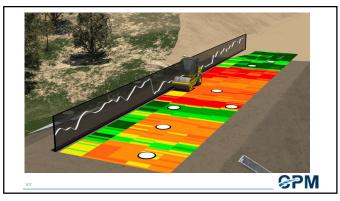


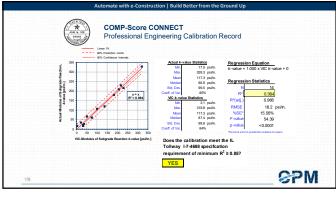




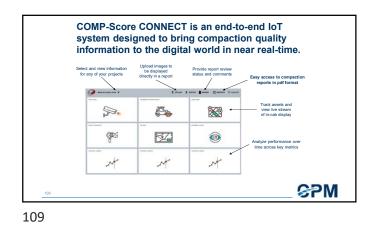




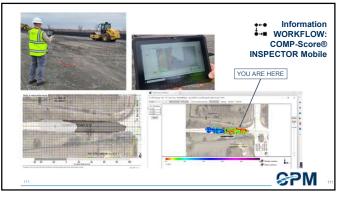


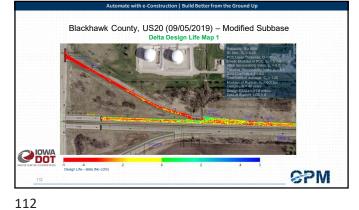




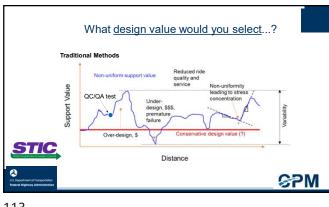






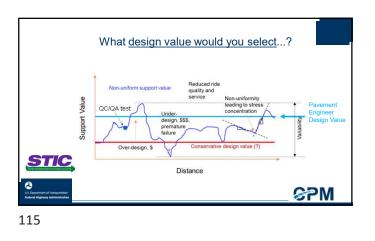


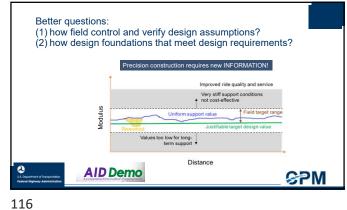


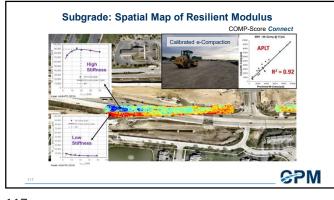




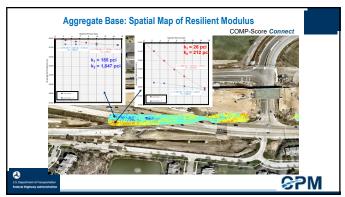






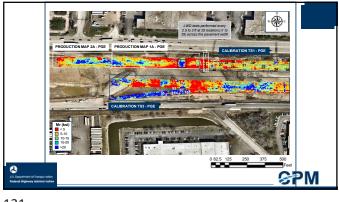


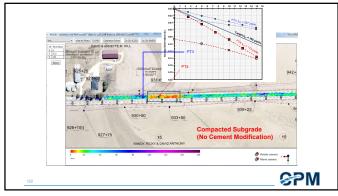






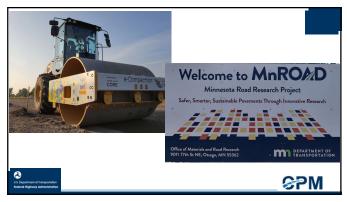


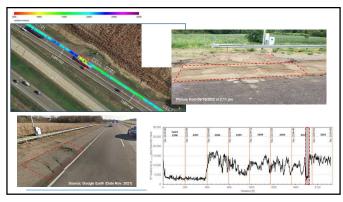




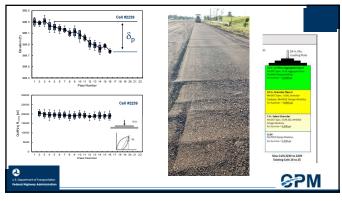






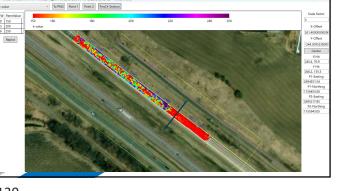


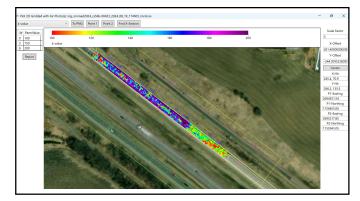


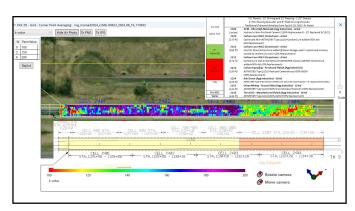


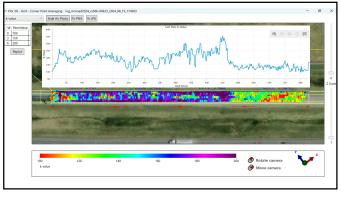




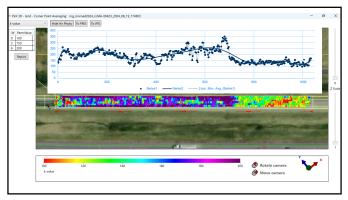


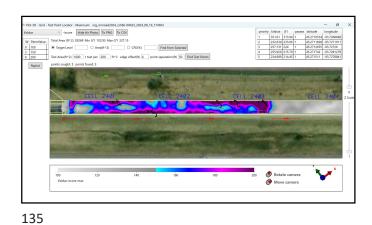


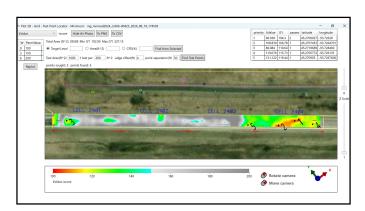


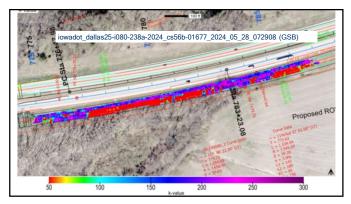


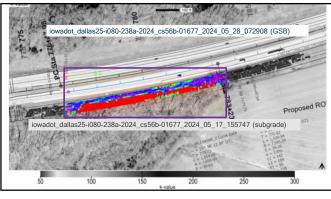






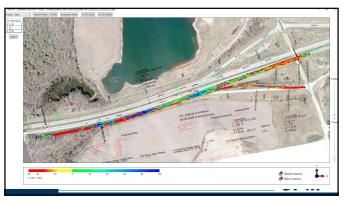




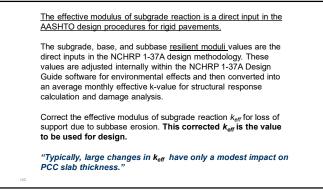


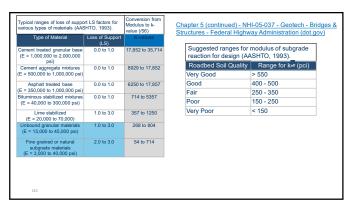


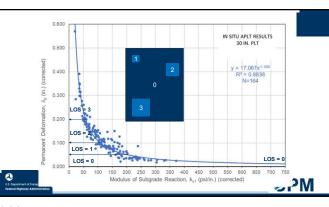




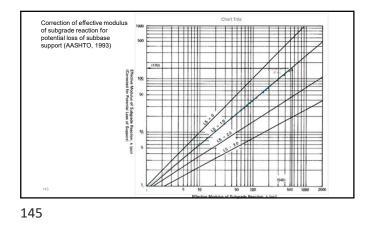


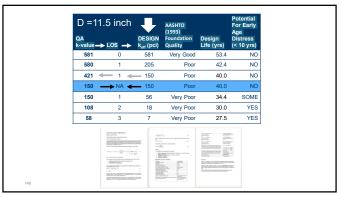


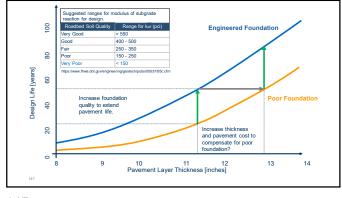
























TPF Proposal Engineering the Foundation Layers for Long-Life, Low-Carbon Pavement Systems

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Objective

- Demonstrate intelligent construction technologies (ICT) for ensuring quality of pavement-foundation construction
 > 100% modulus verification with roller mapping
- Automated plate-load testing
- Develop guidelines for pavement foundation design to ensure good, long-term performance
- > Design guidelines for long-life pavement foundation
- Consideration of resilience

Proposed Project Activities

- Technology demonstrations and implementation support
- Demo projects for 100% mapping using ICT and validation testing using automated plate-load testing
- > Technical support for pilot projects
- Establish process for QA, including draft specification
- Guidelines for pavement-foundation design
- Establish best-practice to ensure good, long-term performance
 No deterioration over time prevent pumping, loss of support, contamination, de-compaction
- ✓ Use of geotextiles and soil stabilization
- > Address resilience

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Proposed TPF

- 5-year program
- > Up to 3, SHA pilot projects per year
- Seeking 10 SHA commitments
- Funding
- > \$30,000/yr for SHA
- ≻ FHWA

Contact

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