What is Car-Fit?

- Developed by the American Society on Aging in collaboration with AARP, American Occupational Therapy Association, and AAA

- A program that is designed to help older drivers become educated on adjustments that can be made to their vehicles promoting safety behind the wheel.

  - Statistics show that older drivers are more likely to be killed or seriously injured when a crash occurs
Car-Fit

- 12-Point checklist (takes about 20 minutes)
- Pilot tested in 10 U.S. cities in the spring of 2005 with more than 300 older driver participants.
  - 37% had at least one critical safety issue
  - 10% were seated too close to the steering wheel
  - 20% did not have a line of sight at least 3” over the steering wheel
- Adaptive devices demonstrated
## Licensed Drivers in Iowa

<table>
<thead>
<tr>
<th>Age</th>
<th># of Licensed Drivers in Iowa</th>
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</thead>
<tbody>
<tr>
<td>65-70</td>
<td>139,491</td>
</tr>
<tr>
<td>71-75</td>
<td>88,782</td>
</tr>
<tr>
<td>76-80</td>
<td>67,656</td>
</tr>
<tr>
<td>81-85</td>
<td>49,192</td>
</tr>
<tr>
<td>86-90</td>
<td>24,492</td>
</tr>
<tr>
<td>91-95</td>
<td>6,493</td>
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<tr>
<td>96-100</td>
<td>570</td>
</tr>
<tr>
<td>101-105</td>
<td>22</td>
</tr>
</tbody>
</table>

As of June 2, 2011
Car-Fit Staff

- Within the Office of Driver Services
  - 35 Car-Fit Technicians
    - Conduct Car-Fit Check-In and Check-Up
  - 19 Car-Fit Event Coordinators
    - Work with AAA and AARP to set up events
Alternative Mirror Adjustments

- Let’s see how to make alternative mirror adjustments.
Video

- Next, let’s view a short demonstration of a Car-Fit Event.
Iowa’s Plan For Car-Fit

- Continued Sponsored Events
- Continued Education for Iowa’s older drivers
Thank You For Your Time!

Does anyone have any questions?